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| So Why Should You Bother Starting?  |
| * Smoking can give you so many diseases, and reduce your ability to prevent diseases.
* Long term effects could lead to a disease called osteoporosis. This is where you have low bone density.
* And of course it can cause so many types of cancer.
* 42.1 million people in the US have made bad choices, don’t be one of them.
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|  **Works Cited**Alfred D. Wyatt. Slideshow: Dry Mouth: Causes, Symptoms, and Treatment." *WebMD*. Ed. WebMD, 14 Apr. 2014. Web. 13 Nov. 2014. Cancer.org. “Second Hand Smoking.” *Cancer.org,* 11 February 2014. Web. 10 Nov. 2014.CDC. “Cigarette smoking in *U.S.” usa.gov/cdc,* August 14, 2014. Web. 10 Nov. 2014 Dennoir, Ian. "Flickriver: Dennoir's Photos  Tagged with Cigarette." *Flickriver: Dennoir's*  *Photos Tagged with Cigarette*. Ian Dennoir,  23 Feb. 2013. Web. 25 Nov. 2014. Health Effects of Tobacco." *Wikipedia*.  Wikimedia Foundation, 25 Nov. 2014. Web. 25 Nov. 2014.  Logo Design Online | Logo Garden."  *Free Logo Design Online | Logo Garden*.  N.p., n.d. Web. 20 Nov. 2014.NOF. “Low Bone Density.” nof.org. No Publication date listed. Web. 10 Nov. 2014Quit.org. “Smoking effects on the body.” *Betterhealth.vic.gov,* 27 October 2014. Web.10 Nov. 2014"FThe Sofia Globe. "Bulgaria's Smoking Ban Led to 3 – 4% Cut in Cigarette Sales, Analysts Say." *The Sofia Globe RSS*. Bulgaria News, n.d. Web. 22 Nov. 2014. |

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| **StopSmokingNow** |
| How can smoking affect you when you don’t even realize it?How can it affect your body? |
| C:\Users\20zeyherj\Downloads\logo_1206882_web.jpg |
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| http://img.webmd.com/dtmcms/live/webmd/consumer_assets/site_images/articles/health_tools/dry_mouth_causes/getty_rf_photo_of_man_exhaling_cigarette_smoke_closeup.jpg |
| Second Hand Smoking**What is it?*** Second hand smoking is when a person involuntarily inhales smoke that has been exhaled by a 1st hand smoker.

 * A 1st hand smoker is someone who directly smokes a cigarette.

**Facts*** Second hand smoking effects the body in many of the same ways as first hand smoking.

 * 53,800 people die each year because of second hand smoking.
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| How Can Smoking \_\_\_\_Affect you? \_\_\_**What can smoking do to your body?*** Smoking effects almost every organ in the body

 * Some of the organs that smoking effects greatly are the respiratory, circulatory, immune, and the musculoskeletal systems.
* Smoking also makes you more susceptible to diseases. Thus reducing your chance of living in longevity.
* 443,000 people die each year from smoking
* But 8.6 million people are effected, and must live with the consequences of smoking each year.

http://upload.wikimedia.org/wikipedia/commons/9/92/Risks_form_smoking-smoking_can_damage_every_part_of_the_body.png  |   |
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| What Are You Smoking?**What’s inside?*** An average cigarette contains about 7,000

 * More than 60 of these chemicals are known cancer-causing chemicals.

http://sofiaglobe.com/wp-content/uploads/2012/12/Cigarette-photo-Vjeran-Lisjak-sxc-hu-e1355927715940.jpg |
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| http://farm9.static.flickr.com/8388/8500557737_665db08a63.jpg |

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